

# 2016 Community Resources Directory

**A guide to service clubs, community groups &  
associations, recreation & leisure pursuits,  
organizations and helping agencies in and around  
the Town of Fort Macleod**



**Fort Macleod and District Family and  
Community Support Services**

**2215 – 2<sup>nd</sup> Street**

**Box 232**

**Fort Macleod, AB T0L 0Z0**

**Phone: (403)553-4491**

**Fax: (403) 553-2189**

**Email: [fcss@fortmacleod.com](mailto:fcss@fortmacleod.com)**

**Fort Macleod & District Family & Community Support Services  
Community Resources Directory**

## **Preface**

The Fort Macleod & District Family & Community Support Services is pleased to present this updated edition of the Community Resources Directory. This publication is designed to help all residents find their way to the large number of community groups, recreational bodies, government services and helping agencies operating in and around Fort Macleod. It is through our involvement with these different groups and agencies that we create and find a sense of community.

The Community Resources Directory is provided as part of the FCSS mandate to inform the community of available services in the community. Every effort has been made to include the most current information on the many agencies, organizations and services available in our community at the time of publication. To make additions, changes or corrections to the directory please contact the FCSS office at 403-553-4491.

Data used in compiling the Community Resources Directory has been obtained primarily from information submitted by each organization. The listing of an agency does not necessarily constitute endorsement of its purpose, method or quality of service by the Town of Fort Macleod. The Directory is only a guide to services.

This directory may also be viewed online at [www.fortmacleod.com](http://www.fortmacleod.com) .

Fort Macleod & District Family & Community Support Services

## Alcohol and Drug

### Alberta Alcohol and Drug Abuse Commission (AADAC)

**Phone:** 403-381-5183

**Fax:** 403-382-4541

**Address:** Provincial Building, 200-5<sup>th</sup> Avenue South, Lethbridge, AB, T1J 4C7

**Website:** [www.aadac.com](http://www.aadac.com)

**Email:** [Lethbridge@aadac.gov.ab.ca](mailto:Lethbridge@aadac.gov.ab.ca)

**Mission:** To provide counseling services for those experiencing problems with substance abuse and gambling. To provide prevention programs on substance abuse and gambling to community groups and schools.

**Services:** Provide youth and adults with assistance dealing with addictions to alcohol, drugs, gambling or tobacco.

### Foothills Centre (Detox)

**Phone:** 403-553-4466

**Fax:** 403-553-4819

**Address:** Box 1573, Fort Macleod, AB, TOL OZO; 810-18<sup>th</sup> Street

**Contact:** Valerie Campbell

**Hours:** Open 24 hours, 7 days a week

**Mission:** Our mission is to assist individuals and families with their addictions & related problems and to encourage healthier lifestyles. We are a male/female non-medical, residential facility that provides an environment in which people can safely withdraw from alcohol/drugs. We have been in existence since 1979.

**Services:** The Foothills Centre is an 11 bed facility. In addition to our detox beds, a mat area is available for overnight shelter. All of our services are available for adults only. Clients may also utilize our service for a mandatory 5-day stay before treatment. Support services are also available on an out-patient basis, past clients or community members may attend group lectures upon request. Short term relapse prevention is offered to those feeling at risk. This service is for individuals who have had some length of sobriety or non-use but are feeling vulnerable to relapse. Usually a 2-3 day stay is enough to help a person refocus on their recovery. We also provide by appointment, support and information to family members going through a crisis within their family unit. All of our services are at no charge.

## Art Clubs & Organizations

### Empress Theatre Society

**Phone:** 403-553-4404

**Toll Free:** 1-800-540-9229

**Fax:** 403-553-4210

**Address:** Box 99, Fort Macleod, AB, TOL OZO; 235 Main Street

**Website:** [MacleodEmpress.com](http://MacleodEmpress.com)

**Email:** [info@MacleodEmpress.com](mailto:info@MacleodEmpress.com)

**Contact:** Tim Ranson, Executive Director

**Hours:** Vary with each event; Board meetings are once a month.

**Mission:** The theatre is a protected historic site owned by the Town of fort Macleod. The mission of the not-for-profit Empress Theatre Society is to develop, promote and provide cultural opportunities at the Empress Theatre and to respect and protect the historic significance of the Empress Theatre.

**Activities:** Digital cinema and live entertainment venue open to the public or available for private rental. We host movies, concerts, musicals, weddings, conventions, award shows, meetings, recitals, debates, memorials, tours, conferences, symposia, workshops, plays lectures, locations shoots, live recordings, parties ...and more.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

### **Fort Macleod Art Club**

**Phone:** 403-553-4236

**Address:** Box 2107, Fort Macleod, AB, TOL OZO

**Contact:** Evelyn McTrowe

**Hours:** 1<sup>st</sup> Monday of every month, at 1:30 pm in Scout's Hall

**Mission:** The Art Club was organized in April 1980.

**Activities:** We provide art classes and workshops. We follow a working schedule through the period September to the end of June. We are not a money making club, but donate to local things when we can. We volunteer our talents to community events. We have pictures on display at the Medical Clinic, Fort Museum and have shows in several other galleries.

**Annual Events:** Art Shows

### **Fort Macleod & District Allied Arts**

**Phone:** 403-557-2443

**Address:** Box 244, Fort Macleod, AB, TOL OZO

**Hours:** Meetings are the 3rd Monday of every month

**Mission:** The Fort Macleod and District Allied Arts Council Association was incorporated under the Societies Act of Alberta on the 25th of April, 1985, to promote and coordinate artistic activities for the town and region. We are a volunteer organization which encourages appreciation and participation in all creative endeavors pertaining to the arts.

**Activities:** Visual arts instruction, town classes, art & craft shows and sales.

**Annual Events:** Children's Festival, Annual Meeting, Santa Claus Parade craft and art sale, Instrumental & Vocal Recital & Children's Art Show.

## **Children & Youth**

### **Sunshine Kids Family Day Homes Ltd.**

**Phone:** 403-553-3022

**Address:** Box 1966, Fort Macleod, AB, TOL OZO

**Email:** sunshinekidstara@gmail.com and handinhandkathy@gmail.com

**Contact:** Kathy DeGinnus

**Hours:** 6:00 am to 6:00 pm, we do offer some extended care hours.

**Mission:** Purpose: To provide quality care for children as a complementary extension or an alternate to the family. Currently in pre-accreditation phase with the Alberta Government.

**Activities:** We are licensed and accredited. We provide child care services for primarily preschool aged children 0 months to 6 years of age. We have 8 to 10 contract employees who provide care in their homes for a maximum of 6 children per home. \*Subsidies are available for qualifying families.\*

**Annual Events:** Family Day

**Fees:** Varies

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

### **Hand-in-Hand Out of School Care Program**

**Phone:** 403-553-3022

**Contact:** Kathy DeGinnus

**Email:** handinhandkathy@gmail.com

**Mission:** To provide reliable after-school childcare for children ages 6-12. We value each child as unique and will provide a program that meets the physical, social, intellectual, creative and emotional needs of each child in the program. We will strive to develop a positive sense of self in each child through the creation of an atmosphere of warmth, respect, acceptance and fun.

## **Churches & Religious Organizations**

### **Alberta Lodge No. 3 A.F. & A.M (Masons)**

**Phone:** 403-553-3078

**Address:** Box 1632, Fort Macleod, AB, TOL OZO

**Contact:** David Gregory

**Hours:** Every 3<sup>rd</sup> Wednesday of the month

**Mission:** To maintain a fraternal Brotherhood which was established in 1887.

**Activities:** To encourage excellence in mature men; provide assistance to the disadvantaged and disabled and to provide benevolence to those in need.

### **Anglican Church Women (of Christ Church Anglican Church)**

**Phone:** 403-553-2423

**Address:** Box 1117, Fort Macleod, AB, ToL oZO

**Contact:** Kame Staples

**Hours:** 2nd Monday of the month (excluding summer months) at 7:30pm

**Mission:** The ACW of Christ Church has been in existence since 1887. We are a community of women gathered together in Christian service to promote and support the mission of the church through prayer, work & stewardship. It is open to all women of the Anglican Church.

**Activities:** Women's Ecumenical Service (annual – each of the churches take a turn hosting), World Day of Prayer (held once a year 1<sup>st</sup> Friday in March and hosted by various women's church groups)

### **Catholic Women's League of Canada**

**Phone:** 403-553-0328

**Address:** Box 204, Fort Macleod, AB, TOL OZO

**Contact:** Irene Kudelik

**Hours:** 7:30 pm, the first Monday of each month

**Mission:** Began in 1919. The beginnings were to help immigrant women to start their new lives in Canada. Our goal is still the same. To help where help is needed physical and spiritual but now it includes everyone, not just women. Our motto is, "For God and Country".

**Activities:** Visit the sick. Help within the parish and community, funerals, World day of Prayer, Teas, Dinners, and Sandwich & Soup.

**Fees:** \$17.00 per year

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

### **Christ Church Anglican Church**

**Phone:** 403-553-3746

**Address:** Box 1117, Fort Macleod, AB, TOL OZO; 320-21<sup>st</sup> Street

**Email:** [revpilar@gmail.com](mailto:revpilar@gmail.com)

**Minister:** Pilar Gateman

**Hours:** Sundays: 9:00 am BCP Traditional Worship 10:30 am; Family Worship with Sunday School and Nursery

**Mission:** CHRIST Church has been a part of the fabric of Fort Macleod for over 120 years. We serve God through our worship and our service to others.

**Activities:** Worship, Sunday School, bible studies, choir, hospital and shut-in visiting. Monthly interdenominational activities are planned.

**Annual Events:** ACW Coffee Break, Operation Christmas Child, Gift Sunday for Women's Shelter, Mini "Mardi Gras" on Shrove Tuesday

**Volunteer Opportunities:** We are always looking for ways to better serve the community. Please notify us if you know of any way we can be of service.

### **Church of Jesus Christ of Latter Day Saints**

**Phone: 1<sup>st</sup> Ward** 403-553-3777

**Phone: 2<sup>nd</sup> Ward** 403-553-4889

**Fax:** 403-553-3130

**Address:** Box 598 or Box 503 Fort Macleod, AB, TOL OZO; 643-20<sup>th</sup> Street

**Contact:** 1<sup>st</sup> Ward – Rick Bullock, 2<sup>nd</sup> Ward - David Orr

**Hours:** 1<sup>st</sup> Ward 9am-12pm, 2<sup>nd</sup> Ward 10:20am-1:20pm

**Mission:** Invite people to come to Christ

**Activities:** Primary, Sunday school, Young Men's/Women's Priesthood

### **Ecumenical Bible Group**

**Phone:** 403-553-3753

**Address:** Box 1678, Fort Macleod, AB, TOL OZO

**Contact:** Carole

**Hours:** Oct 1 – Apr 30, Thursday, 9:30am to 11:00am

**Mission:** We have been together since 1971. The group is informal, interested in bible study.

We meet in homes, and are a non-denominational group that enjoys uninhibited bible discussion.

**Activities:** Bible Study

### **Fort Macleod Alliance Church**

**Phone:** 403 553-4607

**Fax:** 403 553-4609

**Address:** Box 608, Fort Macleod, AB, TOL OZO; 1716-7A Avenue

**Website:** [www.alliancechurch.org](http://www.alliancechurch.org)

**Email:** [fmchurch@telusplanet.net](mailto:fmchurch@telusplanet.net)

**Hours:** Church Service and Sunday School 10:00 am (Nursery for children under 3 years.)

**Mission:** To grow Godly disciples who will be equipped to: show Christ's life character in God's family; Shine Christ's gospel light in their communities; and Share Christ's redeeming love with all humanity.

**Activities:** Discoveryland (Sunday School) for ages 3 to grade 6 during Sunday service; Youth Group for grades 7-12; Ladies Bible Study Thursday mornings, and we also extend the opportunity to become part of a home group called a 'Care Group'.

**Fort Macleod & District Family & Community Support Services**  
**Community Resources Directory**

### **Fort Macleod Ministerial Association**

**Phone:** 403 553-4607

**Address:** Box 2066/Box 608 Fort Macleod, AB, TOL OZO

**Contact:** Pastor Ralph Light

**Email:** [fmchurch@telusplanet.net](mailto:fmchurch@telusplanet.net)

**Mission:** "Loving Christ, Living Christ." The purpose is to promote Christian unity between participating churches in order to collectively serve our community. Churches involved with the Association include; Holy Cross Roman Catholic Church, Fort Macleod Victory Church, Trinity United Church, Christ Church Anglican Church and Fort Macleod Alliance Church.

### **Granum Christian Reformed Church**

**Phone:** 403-687-2126

**Phone:** 403-687-3033

**Address:** Box 206, Granum, AB, TOL 1AO; 5 miles East of Granum on Highway 519

**Email:** [granumerc@hotmail.com](mailto:granumerc@hotmail.com)

**Contact:** Pastor Henry Veldboom

**Hours:** Sunday 10am and 3pm for January & February; 10am & 7pm for March-December

**Mission:** To know Christ and to show Christ

**Activities:** Sunday School, Nursery, Catechism, GEMS, Cadets, Youth Groups, various bible studies and soup & bun lunches once per month.

### **Holy Cross Catholic Church**

**Phone:** 403-553-3040

**Address:** Box 39, Fort Macleod, AB, TOL OZO; 2604-3<sup>rd</sup> Avenue

**Contact:** Father Angelo D'Costa

**Hours:** Mass Sunday 11:00 am

**Mission:** "To bring God's children closer to Jesus Christ through worship, prayer and social contact."

**Activities:** RCIA, Children's Catechism, Parish Council, Religious Education, Liturgy, Social Action, and Outreach-Cardston Mission.

### **L.D.S. Relief Society**

**Phone:** 1<sup>st</sup> Ward-403-553-2132

**2<sup>nd</sup> Ward**-403-553-4534

**Address:** Box 2345 or 231, Fort Macleod, AB, TOL OZO

**Contact:** Carmen Toth (1<sup>st</sup> Ward), Susan Griffin (2<sup>nd</sup> Ward)

**Hours:** 4 times per year

**Mission:** The Relief Society was founded in 1842 for women of the LDS Church, and is now worldwide. Its purpose is to help women and their families come to Christ, to exercise charity and to nurture those in need, to strengthen homes and families, and to serve and support each other.

**Activities:** We meet on Sundays to discuss religious values and doctrine. Four times per year we meet to learn practical skills that will strengthen ourselves and our families. Topics for these evenings include such things as homemaking skills, literacy, relationships, service and physical, mental and emotional health.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

## Trinity United Church

**Phone:** 403-553-3072, 403-553-4970 or 403-894-0274  
**Fax:** 403-553-3073

**Address:** Box 100, Fort Macleod, AB, TOL OZO; 220-20<sup>th</sup> Street

**Email:** [uczyl@telus.net](mailto:uczyl@telus.net)

**Website:** [www.trinitychurchfortmacleod.com](http://www.trinitychurchfortmacleod.com)

**Contact:** Rev. Eras Van Zyl

**Hours:** Fort Macleod service and Sunday School 11:00 a.m.; Granum service 9:30 a.m. with Sunday School on the last Sunday every month at 9:30 a.m.

**Vision:** To mirror God's love by living God's love.

**Mission:** Glorify God by living and sharing the unity and diversity of the Christian faith in, and of, God's world.

**Activities:** Christian worship services, funeral services, weddings, Christian education, United Church Women's Group, Bible studies, work for food bank. **ANNUAL EVENTS:** Spaghetti Supper – January, Daily Holy Week services, Roast Beef Dinner – March, Rummage sale – March, Sale of Christmas Cake & Pudding at Santa Claus Parade – November.

## Wow Living Gospel Church

**Phone:** 403-553-4779 or 403-715-2997

**Address:** Box 1354, Fort Macleod, AB, TOL OZO; 836 – 14 Street

**Email:** [wowlgc@telus.net](mailto:wowlgc@telus.net)

**Contact:** Reverends Randy and Cheryl Lubeck

**Hours:** Sunday Worship Service at 10:30am

**Activities:** Corporate prayer Friday, 2 times a month at 7:00pm; Bible Focus Wednesday at 7:00pm; Bible College, 1 week per month (call for times)

## Education & Schools

### F.P. Walshe High School (Grades 6-12)

**Phone:** 403-553-4411

**Fax:** 403-553-2194

**Address:** Box 760, Fort Macleod, AB, TOL OZO; 410 – 20<sup>th</sup> Street

**Website:** [www.lrsd.ab.ca/fpwalshe](http://www.lrsd.ab.ca/fpwalshe)

**Email:** [forsterb@lrsd.ab.ca](mailto:forsterb@lrsd.ab.ca)

**Contact:** Bill Forster

**Hours:** 8:30am to 4:30pm, Monday to Friday

**Mission:** Be a thinker, be responsible and take ownership.

**Activities: (Sports & Clubs)**

#### SPORTS

Volleyball, Basketball, Rugby, Track & Field, Baseball (Sr. High Boys), Golf (Sr. High), Badminton (Jr. High), Curling (Sr. High)

**Annual Events:** Academic awards, Jazz, Choir & Band Concerts, Prom, Principal for a day, Blue & White Awards Night (Extracurricular), Dances, Drama & Video productions, GRAD Cap & Gown Ceremonies



Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

## **Fort Macleod and Area Early Childhood Mapping Project Coalition**

**Phone:** 403-553-4491

**Contact:** Angie O'Connor, Coalition chair

**Email:** [fcss@fortmacleod.com](mailto:fcss@fortmacleod.com)

**Mission:** We all have a stake in supporting healthy early human development. Membership is open and encouraged. Let us together "spread the word" about the importance of the early years, better understand how our children are developing, and lend insight into the resources offered.

## **Fort Macleod Preschool**

**Phone:** 403-317-3983

**Address:** Box 2522, Fort Macleod, AB, TOL OZO; 510-20<sup>th</sup> Street

**Facebook Page:** Fort Macleod Preschool Program

**Hours:** Tuesday/Thursday 9:00-11:00 am & 1:00-3:00 pm (mid September – May)

**Mission:** Our philosophy stresses learning through play. Play fosters the total development of the child. He/she will develop a positive self image, learn to solve problems, to express emotions in an acceptable manner, to get along with others and experience the thrill of achievement. Children will be provided with a variety of opportunities that encourage their physical, social, emotional and cognitive development.

**Activities:** The Preschool Program incorporates directed, self-directed and unstructured free play time into a daily schedule. Play areas include: carpet time, classroom library, sand table, water table, train table, kitchen area, blocks, dramatic play, music, science, arts, crafts, gym and playground activities

## **Livingstone Range School Division #68**

**Phone:** 403-625-3356

**Toll Free:** 1-800-310-6579

**Fax:** 403-625-2424

**Address:** Box 69, Claresholm, AB, TOL OTO

**Website:** [www.lrsd.ab.ca](http://www.lrsd.ab.ca)

**Mission:** Livingstone Range School Division #68 came together as an amalgamation of the Crowsnest Pass, Pincher Creek, Waterton and Willow Creek School Divisions. Our mission statement is: "The Livingstone Range School Division #68, in collaboration with the educational community, will provide students with the best possible learning opportunities responsive to both individual and societal needs."

**Activities:** Public education

## **Parent Preschool Program**

**Address:** Box 242 Lethbridge, AB T1J 3Y5; Room #112, 510 – 20<sup>th</sup> Street

**Website:** [Parentpreschool.org](http://Parentpreschool.org)

**Hours:** Fridays 9:00am to 11:30am

**Mission:** Parent Preschool Program has been in Fort Macleod for over 15 years. It is the mission of the Parent Preschool Program to provide a high quality early childhood education program for young children (16 months to 5 years) that services many rural communities surrounding Lethbridge. The program serves as a supervised demonstration practicum site for Early Childhood Education students attending the Lethbridge College. The program includes a high quality education and support program for parents.

**Activities:** We provide a positive and developmentally appropriate play group for children 16 months to 5 years. We encourage parents to observe their child's play and generate ideas for age appropriate activities that can be implemented at home. We provide a positive environment for Early Childhood Education Students to practice the concepts and philosophies being taught in their course. We provide space/time for parents to continue quality learning through organized speakers and discussions.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

### **R.C.M.P Centennial Library**

**Phone:** 403-553-3880

**Address:** Box 1479, Fort Macleod, AB, TOL OZO; 264-Colonel Macleod Boulevard

**Contact:** Laurie Huestis

**Hours:** Monday, Tuesday, Wednesday 9:00 am to 5:00 pm; Thursday 1:00 pm to 9:00 pm; Friday and Saturday 10:00 am to 5:00 pm.

**Mission:** The first library was built in 1931, with the present location built in 1974. The primary aim of the R.C.M.P Centennial Library is to collect and make available to all residents of the Town of Fort Macleod and the M.D of Willow Creek, such materials and programs as are needed and desired by them for self-development, information gathering and recreation. A further aim of the R.C.M.P Centennial Library is to serve as a member of a network of libraries in Alberta and Canada. At present the library provides a variety of materials in print and audio, reference services and programs. We are a member of the Chinook Arch Library System.

**Services:** We provide free internet service, space for other groups to meet, summer reading program, lending materials such as Books on Tape, Talking Books, Large Print Books, and Consumer Information magazines.

### **W.A. Day Elementary School (Grades K-5)**

**Phone:** 403-553-3362

**Fax:** 403-553-2458

**Address:** Box 1179, Fort Macleod, AB, TOL OZO; 521 – 26th Street

**Website:** [www.wadayschool.ca](http://www.wadayschool.ca)

**Email:** [craigs@lrsd.ab.ca](mailto:craigs@lrsd.ab.ca)

**Contact:** Susan Craig

**Hours:** 8:15 to 4:00, Monday thru Friday

**Mission:** Vision: “Learn and Grow Together.” W.A. Day Elementary School, in partnership with families and the community, will provide a nurturing and positive learning environment. We will encourage each individual to become a responsible, caring, self-reliant and contributing citizen engaged in lifelong learning.

**Activities:** We offer a wide variety of learning support programs and we partner with and community support services.

### **Willow Creek Community Adult Learning – Project Read**

**Phone:** 1-888-625-4107

**Fax:** 403-398-1447

**Address:** Box 1300, Fort Macleod, AB ToL oZO; Street Address: 257 – 24<sup>th</sup> Street

**Website:** [willowcreeklearning.ca](http://willowcreeklearning.ca)

**Email:** [ulearn@telus.net](mailto:ulearn@telus.net)

**Contact:** Katherine Glover

**Hours:** Tuesday, Wednesday and Thursday from 9:00am to 4:30pm

**Mission:** To provide affordable lifelong learning opportunities to the citizens of the M. D. of Willow Creek.

**Services:** Community Issues, Employment Enhancement, Family Literacy, Volunteer Tutoring, General Interest. **Project Read:** English as a Second Language, Basic Adult Literacy. For information on Project Read please call 403-553-4106 or email [projectread@telus.net](mailto:projectread@telus.net)

## Emergency Services

### Ambulance

**EMERGENCY: 911**

**Phone: 1-403-863-0941**

Alberta Health Services EMS Fort Macleod Operations Supervisor – Rick Yanco

### Fire

**EMERGENCY: 911**

**Phone: 403-634-9553 or Fire Hall: 403-553-4577**

**Fax: 403-553-0070**

**Address:** P.O. Box 1420, Fort Macleod, AB, TOL OZO; 249-26<sup>th</sup> Street

**Website:** [www.fortmacleod.com](http://www.fortmacleod.com)

**Email:** [fire@fortmacleod.com](mailto:fire@fortmacleod.com)

**Contact:** Allan Zoeteman

**Hours:** 24 hours per day, 7 days per week, 365 days per year

**Mission:** To provide efficient, responsive fire protection services to the community.

### Royal Canadian Mounted Police – Fort Macleod

**EMERGENCY: 911**

**Phone: 403-553-7200 (administration)**

**Complaint Line: 403-553-4406**

**Fax: 403-553-3884**

**Address:** Box 1088, Fort Macleod, AB, TOL OZO; 2018 – 8<sup>th</sup> Avenue

**Website:** [www.rcmp-grc@gc.ca](http://www.rcmp-grc@gc.ca)

**Contact:** Sgt. Laura Akitt

**Hours:** Sunday through Saturday, 24 hours a day

**Mission:** The Royal Canadian Mounted Police are Canada's National Police Force. Proud of our traditions and confident in meeting future challenges, we commit to preserve the peace, uphold the law and provide quality service in partnership with our communities.

**BRIEF HISTORY:** In 1874 the North West Mounted Police (NWMP) began an historic journey know as "The March West". Three hundred men left Dufferin, Manitoba and survived great hardships, to finally arrive in Southern Alberta several months later. The first fort built by the NWMP was Fort Macleod, named after Colonel James Macleod, their Commanding Officer. A town gradually built up around the fort and became the Town of Fort Macleod. The NWMP, the Royal North West Mounted Police and the present day Royal Canadian Mounted Police have been providing policing services to Fort Macleod and Canada since 1873.

**Services:**

**Victim Services Program:** This volunteer program provides assistance to law enforcement agencies by providing support, information, and referral to victims of crime and trauma.

**Citizens on Patrol Program:** This volunteer program involves local citizens patrolling the streets of Fort Macleod in their own vehicles and reporting any crimes or suspicious occurrences to the police.

**School Liaison Program:** This program involves a member of the RCMP being assigned to a particular school as a liaison officer.

**Auxiliary Constable Program:** This program utilizes trained volunteers to act in a support role to the police officer on the street.

## Employment & Training Services

### **Alberta Human Resources, Employment & Immigration**

**Phone:** 403-381-5560 or 403-380-2272

**Fax:** 403-382-3160

**After Hours Phone:** 1-866-644-5135

**Address:** Canada Alberta Service Centre, 200 5<sup>th</sup> Ave South, Lethbridge, AB, T1J 4I1

**Website:** [www.gov.ab.ca/hre/](http://www.gov.ab.ca/hre/)

**Hours:** 8:30 am to 4:30 pm Monday to Friday

**Mission:** Alberta Works helps people find and keep jobs, helps low income Albertans cover their basic costs of living and helps employers meet their need for skilled workers.

**Services:** Labor Market Information Centre; Employment and Training Services; Income Support; Child Support Services; Health Benefits

### **Community Futures Alberta Southwest**

**Phone:** 403-627-3020

**Fax:** 403-627-3035

**Address:** Box 1568, Pincher Creek, AB, TOK 1W0

**Website:** [www.cfabsw.com](http://www.cfabsw.com)

**Email:** [tony@cfabsw.com](mailto:tony@cfabsw.com)

**Hours** Monday to Friday, 8:30 am to 12:00 pm & 1:00 pm to 4:30 pm

**Mission:** SWABDC has been established since 1992. Our mission is to work with individuals and communities in our region in the areas of community and economic development; to assist in the creation of additional permanent private sector employment through the provision of advisory and investment services to small businesses.

**Services:** We provide entrepreneur programs for youth and disabled; self-employment program – assistance/mentoring for individuals starting a new business; business loans; community development – feasibility studies, strategic planning; assistance with plans for community development projects; small business workshops – bookkeeping, marketing, management, customer service, business planning and consulting.

### **Training Inc.**

**Phone:** 403-381-5560

**Address:** 444-5<sup>th</sup> Ave. South, Lethbridge, AB

**Email:** [worksol@telusplanet.net](mailto:worksol@telusplanet.net)

**Contact:** Duncan Ledsham @ 403-330-6566

**Services:** Provides free employment services and job search assistance for unemployed and underemployed individuals, as well as resume assistance.

## Environment & Conservation

### Fort Macleod Environmental Advisory Board

**Phone:** 403-553-5353

**Hours:** Meetings are bi-monthly (January, March, May, September and November) at 7:00 pm in the Council Chambers

**Mission:** To make recommendations to Town Council on issues within their jurisdiction. Membership is composed of one Town Councilor and four public at large members, all of which are appointed by Council at their Organizational meeting each October for one year terms. Additionally, the Board may select a maximum of five Associate Members (non voting) and professional advisors as required. The function of the board is: to promote environmental awareness, assist community groups and organizations and groups in coordinating environmental projects and activities; to act as a liaison for people with environmental concerns; to assist groups in accessing funding sources for environmental friendly activities and projects; to promote the concepts of reducing, reusing, recycling and recovery on a local level.

**Activities:** Spring clean-up, Recycling depot project, Composting workshop, Poster/coloring contest with schools.

### Fort Macleod Fish & Game Association

**Phone:** 403-553-2669

**Fax:** 403-553- 3135

**Address:** Box 761, Fort Macleod, AB, TOL OZO

**Contact:** Monty Brauer

**Email:** [mj4@hotmail.com](mailto:mj4@hotmail.com)

**Hours:** Meetings are the 3<sup>rd</sup> Wednesday of each month (except July, August & December)

**Mission:** Motto: "Help Rebuild Yesterday for the Children of Today and Tomorrow"

The Fish & Game Association was in existence since the mid 50's. The objectives of the society are: to encourage organized sport fishing, pistol, rifle and gun shooting; to foster understanding of natural processes so that people may live in harmony with the land, using and husbanding its renewable resources; to encourage provision of ample opportunity for enjoyment of healthy recreation; to perpetuate adequate stocks of all indigenous species of wildlife; to ensure the sound, long-term management of Alberta's fish, wildlife, and outdoor recreational resources in the best interests of all Albertans; to develop and support a comprehensive and educational program to make all Albertans aware of the value of our fish, wildlife, parks and outdoor recreational resources; to submit views and recommendations to all government and private agencies; to make Alberta aware of dangers of all forms of pollution; to obtain and maintain reasonable public access to all forests and recreation areas; to promote the true appreciation of sportsmanship and sports safety and the ethics of outdoor activities in the light of fish and wildlife regulations; to encourage sportsmanship and good relations; to raise funds by memberships, donations for the purpose of carrying out objectives of the association; to acquire by purchase, lease or otherwise, and to work, operate and develop and deal in all kinds of property.

**Activities:** Yearly scholarships; yearly "Hide Collection" with proceeds going to Wildlife Habitat (a province wide project); classes offered periodically by specialists; provide a 35 acre park by the Oldman River free of charge to the public for camping, reunions, etc. (donations for upkeep of the park accepted)

## Family Support & Counselling Services

### Canadian Mental Health Association - Community Links

**Phone:** 403-328-5465  
**Toll Free:** 1-866-355-5465  
**Fax:** 403-328-5453

**Address:** 426 – 6<sup>th</sup> Street South, Lethbridge, AB, T1J 2C9

**Website:** [www.community-links.ca](http://www.community-links.ca)

**Email:** [info@community-links.ca](mailto:info@community-links.ca)

**Hours:** Monday to Friday, 10:00 am to 4:00 pm

**Mission:** Community Links is a public service that connects people of Southwest Alberta to current and reliable information and referral to a full range of community health, social and government services in their community. All calls are answered by trained staff that assess each caller's needs and link them to the best available resources. We feel that it is important to inform people about all the options to allow them to make knowledgeable decisions about what programs and services will meet their needs.

**Activities:** Information and referral services to the public.

### Compassionate Friends

**Phone:** 403-553-2455

**Address:** 1107 2A Ave North Lethbridge, AB (Lethbridge Family Services) TOL1M0

**Contact:** Frances Paskal

**Hours:** 4<sup>th</sup> Wednesday of every month, 7:00 – 9:00 pm

**Mission:** We offer support and friendship to any bereaved parent or sibling.

**Activities:** Our meetings are very informal where parents share feelings and concerns in a safe, understanding and confidential atmosphere. We have a monthly newsletter offering short articles, poems and information that might be helpful to grieving families. Our annual events include National Children's Memorial Day in December.

### Fort Macleod & District Family & Community Support Services

**Phone:** 403-553-4491  
**Fax:** 403-553-2189

**Address:** Box 232, Fort Macleod, AB, TOL OZO; 2215 – 2<sup>nd</sup> Ave

**Website:** [www.fortmacleod.com](http://www.fortmacleod.com)

**Email:** [fcss@fortmacleod.com](mailto:fcss@fortmacleod.com)

**Contact:** Angie O'Connor

**Hours:** Monday thru Friday, 8:30am to 4:30 pm

**Mission:** FCSS is a partnership between the Province and Municipalities. FCSS was created to support and provide locally-driven, preventative social initiatives to enhance the well-being of individuals, families and communities.

**Programs and Services:** Community Resource Center, Community Resource Directory, Fort Macleod Interagency Meeting, Community Resource/Registration Fair, Meals on Wheels Coordination, Community Volunteer Income Tax, Youth Awareness, Disaster Services – Reception Center. Funding for Community Groups

**Community Events & Partnerships:** Community Halloween Party, Santa Claus Parade Day movie partner, Ice Cream Social, Winter Walk Day, Promotion of Senior Week partner, Volunteer Week Promoter, participation on various community committees such as: Affordable Housing, Early Child Development Coalition, Playground Committee.

**Fort Macleod & District Family & Community Support Services  
Community Resources Directory**

## **Kids First Family Center, A Parent Link Center**

**Phone:** 403-553-5354

**Fax:** 403-553-2333

**Address:** Box 520, Fort Macleod, AB, T0L 0Z0; 521 – 26<sup>th</sup> Street

**Email:** [susansimpson2@albertahealthservices.ca](mailto:susansimpson2@albertahealthservices.ca)

**Website:** [www.fmkidsfirst.com](http://www.fmkidsfirst.com)

**Contact:** Susan Simpson, Coordinator

**Hours:** Monday thru Friday, 8:30am to 4:30pm

**Mission:** Kids First Family Center is the combining of two distinct societies in Fort Macleod; the Fort Macleod Society for Kids First and the Fort Macleod Family Centre. Our Goal is to support healthy development of children and families in Fort Macleod. Our organization is focused on: Food Security, Social Inclusion, Early Childhood Development and Support for Parents.

**Services:** Drop-in, Information & Referral, Parent Resource Library, Child and Family Support, Project Funding.

**Activities:** Stay 'N Play, Rhymes that Bind, Ages & Stages Developmental Screening, Preschool, Parent Preschool Program, First Nations Family Support, Community and Teen Kitchen, School Nutrition programs, Social Inclusion programs, School Supply Assistance, Secret Santa, Good Food Box and more...

## **Lethbridge Family Services**

**Phone:** 403-327-5724

**Fax:** 403-329-4924

**Address:** 1107 2<sup>nd</sup> Ave "A" North, Lethbridge, AB, T1H 0E6

**Website:** [www.lethbridge-family-services.com](http://www.lethbridge-family-services.com)

**Email:** [lfsadm@telusplanet.net](mailto:lfsadm@telusplanet.net)

**Hours:** 8:30 am to 4:30 pm, some evening appointments available, Monday thru Friday.

**Mission:** Lethbridge Family Services has a history of service extending back to the Lethbridge Nursing Mission established in 1910. Lethbridge Family Services provides community-based support to individuals and families to facilitate human potential, choice and independence. Through advocacy, public education, prevention, intervention and community development. Lethbridge Family Services responds to family needs. We believe that family more than any other institution shapes the personality and character of every person.

**Services:** The emphasis is on service to all families utilizing the resources within the individual or family unit, the larger the support system and the community. While services often begin with dependence, the goal is to increase family and community support, encourage self-help, and provide a services continuum based on individual and family needs. This comes from an attitudinal framework that individuals and families make their own choices out of their unique frames of reference and history of learning; that it is necessary to hear and respect their wishes to whatever degree feasible; and that the most important part of teaching we can convey is choice. Regardless of disability or need, emphasis is based on normal community living with ordinary working and socializing situation. The agency takes an active role in the development of societal conditions which encourage healthy family like. We are committed to the identification and development of new services through inter-agency cooperation and total agency planning.

**Activities:** Counseling & education programs, Immigrant Services, DACAPO Program (Provides services to adults with developmental disabilities, fetal alcohol syndrome and/or individuals who have sustained a brain injury), Home Services Program (Provides in home support to enable seniors, individuals with physical disabilities and chronically and terminally ill to remain in their home as long as possible at a level of optimal independence), DACAPO Day Program (– develop daily living/personal care skills, develop life skills, participate in community work experience, participate in recreation leisure/activities, complete physiotherapy routines, and develop basic work habits).

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

## Meals on Wheels

**Phone:** 403-553-4491  
**Fax:** 403-553-2189

**Address:** Box 232, Fort Macleod, AB, TOL OZO; 2215 – 2<sup>nd</sup> Avenue.

**Website:** [www.fortmacleod.com](http://www.fortmacleod.com)

**Email:** [fcss@fortmacleod.com](mailto:fcss@fortmacleod.com)

**Contact:** Angie O'Connor

**Hours:** Monday to Friday (including holidays that fall during the week), meals are delivered between 11:30 am and 12:30 pm.

**Mission:** The Meals on Wheels Program was set up to provide nutritious meals for those individuals who are not able to cook for themselves. The service is provided to anyone who is requiring assistance. For example: anyone who may be handicapped, recuperating after an illness or accident or is unable due to aging. Meals are prepared through dietary unit at Extendicare.

**Services:** A hot nutritious noon meal, delivered 5 days a week by volunteers.

## Parents as Teachers Program

**Phone:** 403-308-8181  
**Fax:** 403-553-2458

**Address:** Box 1179, Fort Macleod, AB, TOL OZO; W.A. Day School, 510 – 20<sup>th</sup> Street

**Website:** [www.patnc.org](http://www.patnc.org)

**Email:** [AustinS@lrsd.ab.ca](mailto:AustinS@lrsd.ab.ca)

**Contact:** Shelby Austin

**Hours:** Monday to Thursday

**Mission:** All parents benefit from accurate and timely information to support them in giving their child the best possible start in life.

**Vision:** Babies are born to learn and parents are their first and most influential teachers. Parents as Teachers is an internationally respected family education and support program for parents with children birth to five years of age. This free program is designed to bring play, books, developmental information and support to your home. The Parents as Teachers Program will help parents as they raise their children by reinforcing their roles in their child's life. The program recognizes that nobody knows their child like a parent and concludes that the parent is therefore the best possible teacher to his /her child. Parents as Teachers will teach parents new creative ways to interact with their children as well as reinforce basic parenting principles based on a well researched curriculum. We offer personal home visits, child screening, resource network providing links to other needed services in the community, group meetings, and workshops and play programs.

## Salvation Army Thrift Store & Food Bank

**Thrift Store Phone:** 403-553-4849  
**Food Bank Phone:** 403-553-2875

**Address:** 272 – 24 Street, Fort Macleod

**Mail to:** 1249 – 3 Avenue, Lethbridge, AB T1J 0E3

**Hours:** Thrift Store - Tuesday to Saturday 9:30-5:00

Food Bank – Wednesday 11:00am – 2:00pm



Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

**Southwest Alberta Child & Family Services Authority**

**Phone:** 403-381-5500  
**24 Hour Crisis Line:** 1-800-638-0715  
**Fax:** 403-382-4423

**Address:** 2<sup>nd</sup> & 6<sup>th</sup> Floors, Lethbridge Centre Tower, 400-4<sup>th</sup> Ave South, Lethbridge, AB, T1J 4E1

**Website:** [www.southwestalbertacfsa.gov.ab.ca](http://www.southwestalbertacfsa.gov.ab.ca)

**Hours:** 8:15 am to 4:30 pm, Monday to Friday

**Mission:** Programs and services will be provided to address the safety, security, physical and emotional well being of all children and families; the cultural, diversity, values, beliefs and customs of children, families and communities in South Western Alberta will be acknowledged and respected; work with communities in the development of community based, integrated responses to social problems through the enhancement of prevention and early intervention programs and services.

**Services:** Adoption, Child Financial Program, Child Protection Program, Day Care Programs, Family Outreach Programs, Foster Care, Handicapped Children's Services, Joint Investigation Initiative, Protection Against Family Violence Act, Protection of Children Involved in Prostitution, Sifton Family and Youth Services.

**First-Nations Services**

**Blood Tribe Administration**

**Phone:** 403-737-3753  
**Fax:** 403-737-2336

**Blood Tribe Child Protection Services**

**Phone:** 403-737-3437  
**Fax:** 403-737-3236

**Address:** Box 58, Standoff, AB, TOL 1YO

**Contact:** Susan Weasel Moccasin

**Mission:** Delegated by the Minister of Children's Services to carry out the provisions of the Child, Youth and Family Enhancement Act on the Blood Reserve and to provide case management services to band members who live off the reserve but are deemed to be ordinarily resident on the reserve within the catchments areas of the Southwest Child & Family Services Authority.

**Services:** Assessment & Investigation, Family Enhancement, Protection, Foster Care/Kinship Care Home and Adoption

**Blood Tribe Department of Health**

**Phone:** 403-737-3888  
**Fax:** 403-737-3985

**Address:** Box 229, Standoff, AB, TOL 1YO

**Email:** [ceo@btdh.ca](mailto:ceo@btdh.ca)

**Contact:** Chris Shade

**Hours:** 8:30 am to 5:00 pm Monday to Friday

**Mission:** To improve the quality of health on the Blood Reserve; to promote education and availability of adequate health care services; to initiate, develop, establish and maintain policies, procedures, projects and programs relating to the betterment of health and health care services for the Blood Band.

**Services:** Medical Clinic, Lab/X-ray, Community Health, Dental Clinic, Optometry, Pharmacy, Medical Transport, Home Care, Wellness Centre, Physiotherapy, Emergency Services, Facility Operations and Traditional Medicines.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

### **Blood Tribe FCSS Community Development Programs**

**Phone:** 403-737-2888  
**Fax:** 403-737-2877

**Address:** Box 118, Standoff, AB, TOL 1YO

**Contact:** Leona Wolf Tail

**Hours:** 8:30 am to 4:30 pm Monday to Friday, Closed 12:00pm to 1:00pm

**Services:** Working closely with our surrounding communities, elders, handicap & disabled and food bank recipients.

### **Kainai Board of Education**

**Phone:** 403-737-3966  
**Fax:** 403-737-2361

**Address:** Box 240, Standoff, AB, TOL 1YO

**Email:** [kainaied@telusplanet.net](mailto:kainaied@telusplanet.net)

**Contact:** Richard Fox, Superintendent of Education

**Hours:** 8:30 am to 4:30 pm Monday to Friday

**Mission:** Kainai Board of Education assumed local control of education on the Blood Reserve in 1988.

**Services:** The Board operates four schools. It is responsible for Kindergarten through grade 12 and a Head Start program.

### **Kainai Peacemaking Program**

**Phone:** 403-737-4407  
**Fax:** 403-737-8249

**Address:** Box 60, Standoff AB, TOL 1YO

**Email:** [tony@kainaipeacemaking.org](mailto:tony@kainaipeacemaking.org); [sherry@kainaipeacemaking.org](mailto:sherry@kainaipeacemaking.org)

**Contact:** Tony Delaney-supervisor; Sherry Tailfeathers-researcher

**Mission:** To continue to strive for quality of life and to provide for an orderly and acceptable way of conducting our lives within the Kainai community by providing opportunities for individual community members to resolve conflicts with the law, wrongdoings and disputes arising from various aspects of community life.

### **Native Counseling Services**

**Phone:** 403-329-6140  
**Fax:** 403-380-2562

**Address:** #208, 324-7<sup>th</sup> Street South, Lethbridge, AB, T1J 2G2

**Website:** [www.ncsa.ca](http://www.ncsa.ca)

**Email:** [lethbridge@ncsa.ca](mailto:lethbridge@ncsa.ca)

**Hours:** 8:30am to 4:30 pm Monday to Friday, Closed 12:00pm to 1:00pm

**Mission:** Contribute to the holistic development and wellness of the Aboriginal individual, family and community.

**Services:** Counseling, workshops in community, referrals to other organizations, helping the client deal with complaints of discrimination and to assist clients who are involved with the legal system. All services are provided to First Nations people. Assist clients who can not afford lawyers and also don't understand the legal system.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

**Peigan Board of Education**

**Phone:** 403-965-3910  
**Fax:** 403-965-3713

**Schools:**

**Napi's Playground Elementary School (Grades K-6)**

**Phone:** 403-965-3877  
**Fax:** 403-965-3966

**Piikani Nation Secondary School (Grades 7-12)**

**Phone:** 403-965-2121  
**Fax:** 403-965-2054

**Peigan Health Board**

**Phone:** 403-965-3809  
**Fax:** 403-965-3971

**Peigan Prevention Counseling Services**

**Phone:** 403-965-3919  
**Fax:** 403-965-2153

**Piikani Child and Family Services**

**Phone:** 403-965-2390  
**Fax:** 403-965-2444

**Piikani Daycare Centre**

**Phone:** 403-965-3982  
**Fax:** 403-965-2074

**Piikani Elders Centre**

**Phone:** 403-965-3147  
**Fax:** 403-965-2626

**Piikani Employment Services**

**Phone:** 403-965-2002  
**Fax:** 403-965-2932

**Piikani Nation Administration**

**Phone:** 403-965-3940  
**Fax:** 403-965-2214

**Piikani Nation Headstart Program**

**Phone:** 403-965-3133  
**Fax:** 403-965-3177

**Piikani Traditional Knowledge Services**

**Phone:** 403-965-2985  
**Fax:** 403-965-2987

**Piikani Youth and Education Foundation**

**Phone:** 403-965-0005  
**Fax:** 403-965-3713

**Kainai Healing Lodge**

**Phone:** 403-737-3757  
**Fax:** 403-737-2207

**Address:** Box 179, Cardston, AB T0L 0K0

**Hours:** 8:30 am to 4:30 pm, Monday to Friday

**Mission:** An independent organization that assists in the well-being of Native individuals based on traditional values; is designed to assist individuals who are interested in changing their life.

**Services:** A non-medical 24 bed, 35-day residential program assisting clients 18 years of age and older, in chemical dependency recovery.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

<b>Government</b>
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### **Government of Alberta**

**Phone:** 403-310-4455 (Toll Free within Alberta)

**Toll Free Phone or Fax:** Dial 403-310-0000 then the Government # you wish to access.

**Fax:** 780-422-2852

**Address:** Government of Alberta, Box 1333, Edmonton, AB, T5J 2N2

**Website:** [www.gov.ab.ca](http://www.gov.ab.ca)

**Email:** Direct access through Website address

### **Government of Canada**

**Toll Free Phone:** 1-800-O-Canada (1-800-622-6232)

**Fax:** 613-941-1827

**Address:** Government of Canada, Service Canada Ottawa, Ontario K1A 0J9 Canada

Attention: Canada Site c/o Canada Enquiry Center

**Website:** [www.canada.gc.ca](http://www.canada.gc.ca)

**Email:** [sitecanadasite@canada.gc.ca](mailto:sitecanadasite@canada.gc.ca)

### **Member of Legislative Assembly Livingstone-Macleod – Pat Stier**

**Toll Free:** 1-800-565-0962

**Address:** Suite A, 2019 – 20 Avenue, Hwy #2 North, Nanton, AB

**Mailing Address:** P.O. Box 1209, Nanton, AB, T0L 1R0

**Website:** [www.assembly.ab.ca](http://www.assembly.ab.ca)

**Email:** [livingstone.macleod@assembly.ab.ca](mailto:livingstone.macleod@assembly.ab.ca)

**Hours:** Call the constituency office to set an appointment.

**Activities:** The constituency office serves as a liaison between constituents and their government representative; is a distribution point for information pertaining to government programs; and assist constituents to access government programs and services.

### **Member of Parliament Macleod – John Barlow**

**Phone:** 403-553-3093 or

**Toll Free:** 1-866-636-9437

**Address:** 2215 – 2<sup>nd</sup> Avenue, Fort Macleod, AB

**Email:** [John.Barlow.C1A@PARL.GC.CA](mailto:John.Barlow.C1A@PARL.GC.CA)

**Contact:** Wanda Sommerfeldt

**Hours:** 9 am to 5 pm, Tuesdays and Thursdays

**Mission:** Member of Parliament for the Federal riding of Macleod.

**Fort Macleod & District Family & Community Support Services**  
**Community Resources Directory**

**Municipal District of Willow Creek No. 26**

**Phone:** 403-625-3351

**Fax:** 403-625-3886

**Address:** Box 550, Claresholm, AB, T0L 0T0

**Website:** [www.mdwillowcreek.com](http://www.mdwillowcreek.com)

**Email:** [cindy@mdwillowcreek.com](mailto:cindy@mdwillowcreek.com)

**Contact:** Cynthia Vizzutti

**Hours:** Monday to Friday 8:30 am to 4:00 pm

**Mission:** The code of the West was first chronicled by the famous writer, Zane Gray. The men and women were bound by an unwritten code of conduct. The values of integrity and self-reliance guided their decisions, actions and interactions. The code of the West that was written for the municipality provides information to help residents and new-comers to the area, understand the programs and policies by which the municipality operates. The code is available on the website, by phone or mail.

**Services:** The Municipal District of Willow Creek provides services listed but not limited to the following;

- Administrative services – budget, management of an investment portfolio, tax notices and support to Council & management
- Agricultural services – pest, weed and erosion control
- Public Works services – road maintenance, construction & upgrading; bridge maintenance & replacement; issuance of fire permits
- Development services – permits & certificates of compliance
- By-law services – enforcement of municipal by-laws, pipeline inspections, weights, measurements, traffic control & education
- Disaster services – Municipal Emergency Plan & Mutual Aid agreements
- Willow Creek Regional Waste Management Commission waste management services (Phone: 403-687-2603 for hours of operation)

**Fort Macleod & District Family & Community Support Services  
Community Resources Directory**

**Town of Fort Macleod**

**Phone:** 403-553-4425  
**Toll Free:** 1-877-622-5366  
**Fax:** 403-553-2426

**Address** Box 1420, Fort Macleod, AB, TOL OZO; 236 – Highway #3 East

**Website** [www.fortmacleod.com](http://www.fortmacleod.com)

**Email** [administration@fortmacleod.com](mailto:administration@fortmacleod.com)

**Hours:** Monday to Friday 8:30am to 4:30 pm

**Mission:** It is the purpose of the town to provide prompt & efficient service to the public.

**Services:** Legislative, Administration, Police, Fire, Ambulance, By-Law Enforcement, Public Works, Airport, Water Supply, Sanitary Sewer, Garbage Collection & Disposal, Family & Community Support Services, Cemetery, Planning & Development, Economic Development & Tourism Action, Land Development, Recreation Facilities, Electrical, and Library .

**Department Information:**

- **Development**  
**Address:** 236 -23<sup>rd</sup> Street **Phone:** 403-553-4425
  
- **Disaster Social Services**  
**Phone:** 403-553-4425
  
- **Economic Development**  
**Address:** Box 1959, Fort Macleod, AB, TOL OZO; Main Street Office  
**Email:** [edo@fortmacleod.com](mailto:edo@fortmacleod.com) **Phone:** 403-553-4425
  
- **Fort Macleod & District Family & Community Support Services**  
**Phone:** 403-553-4491
  
- **Library – R.C.M.P. Centennial Library**  
**Address:** 264 – 24<sup>th</sup> Street **Phone:** 403-553-3880
  
- **Parks & Facilities**  
**Address:** Box 1420, Fort Macleod, AB, TOL OZO; 235 – 21 Street  
**Services:**
  - **Fort Macleod & District Sports Centre (Arena)**  
**Address:** 235 -21<sup>st</sup> Street **Phone:** 403-553-4101
  
  - **Skate Park**  
**Address:** 225 – 21<sup>st</sup> Street **Phone:** 403-553-4101
  
  - **Swimming Pool**  
**Address:** 225-21<sup>st</sup> Street **Phone:** 403-553-3211
  
  - **Protective Services**  
**Phone:** 403-553-4425  
**Fax:** 403-553-2426
  
- **Address:** Box 1420, Fort Macleod, AB ToL oZO; 236 – 23 Street  
**Email:** [bylaw@fortmacleod.com](mailto:bylaw@fortmacleod.com)

## Health & Medical Services

**Health Link (open 24 hours) – 1-866-408-5465 is open for questions or comments about health services.**

### Children's Allied Health Services

**Phone:** 403-388-6575 or Toll Free 1-888-388-6575

**Fax:** 403-328-5139

**Address:** A2:52, 200 – 5<sup>th</sup> Ave South, Lethbridge, AB T1J 4C7

**Hours:** Monday – Friday 8:00am – 4:30pm

**Mission:** Children's Allied Health Services provides community based assessment, rehabilitation, intervention and education regarding child development. We work in partnership with families to support children with developmental challenges, by identifying their needs and building on their strengths and abilities.

**Services:** Children's Allied Health Services is a multidisciplinary team that provides the following:

**Audiology** – Assessment, identification, and management of hearing loss. Concerns may include: doesn't respond to his/her name or noises, doesn't talk or mixes up sounds, needs directions repeated, turns one ear toward the person who is talking.

**Speech-Language Pathology** – Assessment, diagnosis and treatment of communication difficulties. Concerns may include: hard to understand, mixes up sounds, doesn't use many words, difficulty re-telling a story or event, makes up funny sounding sentences.

**Infant/Preschool Development Education** – Assessment, treatment and education for families concerned with their preschool child's development, behavior or special needs. Concerns may include prematurity or genetic syndromes, slow to talk, crawl or toilet train.

**Physiotherapy** – Assessment, diagnosis and treatment of a child's physical abilities. Concerns may include: awkward or delayed movement skills (eg. Slow to sit, crawl or walk).

**Occupational Therapy** – Assessment, diagnosis and treatment of a child's fine motor abilities of daily living. Concerns may include: difficult time dressing or using fasteners, dislikes sensory experience's, appears to have weak hands, difficulty printing/writing or using scissors.

**Assistive Technology Consultation Services** – Multidisciplinary assessment and treatment of children requiring communication devices and/or technology to support verbal and written communication.

**Baby Consultation Services** – Multidisciplinary assessment and treatment of infants under the age of 8months who are at risk for developmental delays. Concerns may include: low birth weight, prematurity, medical risk factors, diagnoses of a syndrome, or feeding difficulties.

**Feeding consultation Services** – Multidisciplinary assessment and treatment of children 8 months and older, who are experiencing feeding difficulties, Concerns may include: difficulty chewing and swallowing, choking and/or gagging with different food textures, food aversions, or transitioning from tube feedings to oral feeding.

**Seating Services** – Provide service to children with wheelchair and seating needs.

### Community Care (Home Care)

**Phone:** 403-553-5300

**To Register Contact: ACCESS CENTRE @ 403-388-6380 or Toll Free @ 1-866-388-6380**

**Fax:** 403-553-2333

**Address:** Box 520, Fort Macleod, AB, TOL OZO; 744-26<sup>th</sup> Street

**Website:** [www.chr.ab.ca](http://www.chr.ab.ca)

**Hours:** Office Hours – 8am to 4:30pm, seven days a week

**Mission:** Health and support services to assist individuals of any age living in their own homes. Services include: home nursing care, home help, physical therapy, occupational therapy, respiratory therapy, social work, personal care, Alberta Aids to Daily Living, and assessment for alternate level of care. Home care staff authorizes equipment for persons with a chronic or disabling condition, provide Palliative Care for terminally ill, and coordinate access to continuing care services. Referrals may be made by anyone. An assessment may be done to determine if the client's needs meet current program criteria for admission.

**Fort Macleod & District Family & Community Support Services**  
**Community Resources Directory**

## **Community Health**

**Phone:** 403-553-5351

**Fax:** 403-553-2333

**Address:** Box 520, Fort Macleod, AB, TOL OZO; 744 - 26<sup>th</sup> Street

**Website:** [www.chr.ab.ca](http://www.chr.ab.ca)

**Hours:** Monday – Friday 8:00 to 4:30 pm

**Mission:** Alberta Health Services will promote, maintain, and improve the health of residents in the region by ensuring an affordable, accessible, accountable and integrated health system. Our vision is one in which residents of the region have adopted healthy behaviors and appropriately utilize the health resources of the region where individuals/families/communities are valued for their contribution to improving the health of population/environment, and where equity in health-status exists between communities.

**Services:**

**Wellness Services** – Public Health Nursing – provides preventative and educational services to help people of all age groups to make healthy lifestyle choices.

**Children’s Health** – Infant/Preschool Development – health professional who provides, information, education, and support to families who have concerns about their child’s development or special needs

**Audiology** – health professional assesses hearing and diagnoses hearing loss, also helping to manage hearing difficulties

**Speech-Language Pathology** –health professional assesses and diagnoses communication difficulties, and may provide appropriate intervention strategies.

**Health Protection** – the program ensures compliance with the Public Health Act and its Regulations and/or provincial standards with regards to food establishments, institutions, personal care, recreation, housing, special events, and communicable disease control.

**Environmental Health** - monitors and evaluates the quality of water for municipalities, private, and recreational use. It focuses on the assessment of health risks, and community and environmental health needs. The program is also responsible for emergency preparedness.

**Regional Infection Control** – program is responsible for prevention and/or reduction of infections in patients, staff or visitors within the CHR.

**Population Health** –The Population Health program of the Chinook Health Region collects, accesses, correlates and interprets population health statistical information through a variety of survey/research techniques and makes appropriate recommendations for action to improve the health of residents of the Region.

**Health Promotion** – Work with community groups and individuals, to help solve problems, build strengths, self-sufficiency and well-being. Also, provides assistance in applying for “Action for Health” funding, which is available to fund creative ways to address determinants of health.

## **Community Mental Health**

**Phone:** 403-553-5340

**Fax:** 403-553-4940

**Address:** Box 520, Fort Macleod, AB, TOL OZO; 744-26<sup>th</sup> Street

**Website:** [www.chr.ab.ca](http://www.chr.ab.ca)

**Hours:** Monday to Friday, 8:15 to 4:30 pm

**Mission:** Provides mental health services including assessments, various treatments, supports, referrals, and consultation for individuals of all ages who have or who are at risk of developing mental illness.

**Activities:** Counseling services for children, individuals, and families; Critical Incident Stress Management Team.

**Annual Events:** Mental Health Week – May and Mental Illness Week – October



**Fort Macleod & District Family & Community Support Services  
Community Resources Directory**

### **Family Health Home Visitation Program**

**Phone:** 403-553-5351  
**Fax:** 403-553-2333

**Address:** Box 520, Fort Macleod, AB, TOL OZO; 744-26<sup>th</sup> Street

**Website:** [www.chr.ab.ca](http://www.chr.ab.ca)

**Mission:** A home visitation program targeting families with children ages 0-3 years. The Home Visitor assists individuals and families in recognizing their strengths, helps them set goals, assists parents in determining their support systems, connect families with community resources, and provides information and activities on child development. In addition the program can offer specialized services and programming for pregnant women with substance abuse issues, women who have been diagnosed with Fetal Alcohol Spectrum Disorder and for women who have given birth to a child with Fetal Alcohol Spectrum Disorder.

**Activities:** Weekly home visits by a trained family home visitor. Participation is voluntary. The Home Visitor can offer home visits that support parents, activities to help your baby learn, support that links families to the community resources, problem solving strategies, advocacy when accessing other supports and transportation to essential medical services. For information on the referral process and eligibility, call head office @ 388-6351.

### **Les Scott Certified First Aid Instructor**

**Phone:** 587-220-1502

**Contact:** Les Scott

**Activities:** First Aid training

### **Fort Macleod Chiropractic**

**Phone:** 403-553-4003  
**Fax:** 403-553-3508

**Address:** Box 1558, Fort Macleod, AB, TOL OZO; 522 – 25<sup>th</sup> Street

**Website:** [www.ftmacleodtri.com](http://www.ftmacleodtri.com)

**Email:** [dr\\_alan@live.ca](mailto:dr_alan@live.ca)

**Contact:** Dr. Alan Poytress and Dr. Aaron Poytress

**Hours:** Monday 7:30am to 1:00 pm (Alan), 1:00 pm to 7:00 pm (Aaron)

Tuesday 7:30am to 1:00 pm (Alan), 1:00 pm to 7:00 pm (Aaron)

Wednesday 7:30am to 1:00 pm (Alan), 1:00 pm to 7:00 pm (Aaron)

Thursday 7:30am to 1:00 pm (Alan), 1:00 pm to 7:00 pm (Aaron)

Friday 7:30am to 1:00 pm (Alan), 1:00 pm to 7:00 pm (Aaron)

Saturday 9:00am to noon (Aaron)

**Mission:** Serving the health care needs of Fort Macleod and area for the past 25 years. Dr. Alan Poytress brings a wealth of experience in the treatment of musculoskeletal disorders.

**Services:** We are an alternative health care profession that focuses on the diagnosis, treatment and prevention of mechanical disorders of the spine and musculoskeletal system; and the effects of these disorders on the function of the nervous system and general health. Also available are treatment for sports injuries, exercise regimes, and nutritional counseling. WCB approved. No referral necessary. New patients welcome.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

### **Fort Macleod Health Centre**

**Phone:** 403-553-5311  
**Fax:** 403-553-4567

**Address:** Box 520, Fort Macleod, AB, TOL OZO; 744-26<sup>th</sup> Street

**Website:** [www.chr.ab.ca](http://www.chr.ab.ca)

**Hours:** ER Department - 7 days a week, 24 hours a day.

**Mission:** The Fort Macleod Health Centre's goal is to provide the residents of Fort Macleod and area a high level of service of health care.

**Activities:** As part of the Chinook Health Region, we are dedicated to providing health services which is client-focused, universally available, integrated, seamless, adaptable, accessible and accountable.

**Services:** Emergency and Trauma, Laboratory, Physiotherapy, Observation Beds, Community Support Beds, Dialysis, Medical Imaging, Palliative Care, Pharmacy, Doctor's Clinic, Mental Health service, Community Health, Community Care, Children's Health, Speech & Audiology.

### **Fort Macleod Medical Clinic**

**Phone:** 403-553-3351

**Address:** 744-26<sup>th</sup> Street Fort Macleod, AB

**Contact:** Dr. T. Parvanov, Dr. Beekman, Dr. A. Uwalaka, Dr. Cunningham

## **Historical Societies**

### **Head-Smashed-In Buffalo Jump Interpretive Centre**

**Phone:** 403-553-2731  
**Fax:** 403-553-3141

**Address:** Box 1977, Fort Macleod, AB, TOL OZO; 3km North & 16km West of Fort Macleod, on Highway #785

**Website:** [www.head-smashed-in.com](http://www.head-smashed-in.com)

**Email:** [info@head-smashed-in.com](mailto:info@head-smashed-in.com)

**Contact:** James Martin

**Mission:** Promote understanding of history of Buffalo hunting culture and First Nations involvement from pre-history to mid-19<sup>th</sup> century as a provincial and national historic site and a UNESCO World Heritage Site.

**Activities:** Interpretation programs, special events, tipi camping, demonstrations, school programs.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

**Museum of the NWMP (Fort Macleod Historical Association)**

**Phone:** 403-553-4703  
**Toll Free:** 1-866-273-6841  
**Fax:** 403-553-3451

**Address:** Box 776, Fort Macleod, AB, TOL OZO; 219-25<sup>th</sup> Street

**Website:** [www.nwmpmuseum.com](http://www.nwmpmuseum.com)

**Email:** [info@nwmpmuseum.com](mailto:info@nwmpmuseum.com)

**Contact:** Sandy Davis

**Hours:** Call for current hours of operation.

**Mission:** The Fort – Museum of the North West Mounted Police is a museum located in Fort Macleod, Alberta. In existence since 1957, the Museum is governed by a non-profit Board of Directors with charitable status. The Fort educates the public about the history of the NWMP and their influence on Western Canada by acquiring, preserving and interpreting relevant buildings, artifacts and stories.

**Activities:** The Museum's programs, exhibits and services benefit a wide range of audiences, including adults, seniors, and families, children on school visits, children and researchers. The Museum actively promotes the use of its programs, exhibits and services among a provincial, local, national and international audience and offers five curriculum-based education programs for students from ECS to Grade 9. A new exciting educational program started in spring of 2008 "The Red Coats Are Coming". The program highlights an informative and educational film depicting local and western Canadian History, an original drama "second nations coming" a series of four interactive dramas. "The Red Coats" runs May and June only. The program follows grade 4-5 curriculum however, has been enjoyed by all ages. Additionally, the Museum offers wide range of public services including tours and interpretive programs. The Museum also offers the NWMP Musical Ride four times daily July & August. The Museum also has a library and archives that are accessible to the public on appointment. The archives contain documents, photographs and maps pertaining to the history of the NWMP and to Fort Macleod and district. The library contains books and magazines on the same themes. The Museum also offers research services.

**Annual Events:** Canada Day, Heritage Festival and Quilt Show, Christmas Festival

**Fees:** Call for current admission fees.

**Riders of the Plains – Barracks Provincial Site**

**Phone:** 403-553-4703  
**Fax:** 403-553-3451

**Address:** Box 776, Fort Macleod, AB, TOL OZO

**Mission:** To preserve, promote and interpret the history of the North West Mounted Police and their relationship to Southern Alberta in an authentic and historically accurate manner.

**Activities:** The operation of the NWMP 1884 Barracks Provincial Site.

**Housing & Residential Services**

**Special Development Unit**

**Phone:** 403-553-5330  
**Fax:** 403-553-2240

**Address:** Box 520, Fort Macleod, AB, TOL OZO; 744-26<sup>th</sup> Street

**Contact:** Jennie O'Sullivan

**Mission:** The Special Development Unit is a long term care facility that accommodates physically and mentally disabled individuals.

## Professional Associations

### Fort Macleod Chamber of Commerce

**Phone:** 403-553-3991

**Address:** Box 178, Fort Macleod, AB, TOL OZO

**Hours:** Meetings are the 1<sup>st</sup> Thursday of the month at noon.

**Mission:** To promote business in Fort Macleod & District. In existence for over 100 years.

**Activities:** Business benefits for members.

### Fort Macleod Interagency Committee

**Phone:** 403-553-4491

**Fax:** 403-553-2189

**Address:** Box 232, Fort Macleod, AB, TOL OZO

**Contact:** Angie O'Connor

**Hours:** 2<sup>nd</sup> Wednesday @ noon, Fort Macleod Health Centre

**Mission:** The Interagency Committee works to foster cooperation between various agencies so that processes are engendered proactively toward a healthy community for the development of all, by sharing information at meetings.

**Activities:** Information sharing, education (guest speakers). We address common issues, coordinate activities and events, network and update each other on community events.

## Seniors Services

### Colonel Macleod Manor and Chinook Arch Manor Of the Willow Creek Foundation

**Administration Phone:** 403-553-3662

**Operations phone:** 403-553-3663

**Fax:** 403-553-3667

**Address:** Box 790, Fort Macleod, AB, TOL OZO; 627-27<sup>th</sup> Street

**Mission:** The Willow Creek Foundation will manage and maintain affordable accommodations for seniors and persons in need in the southern portion of the Municipal District of Willow Creek, including Towns of Granum and Fort Macleod.

**Services:** We have 26 one bedroom apartment size units (two unit's wheelchair accessible)

**Fees:** Ren is calculated in accordance with income (up to a maximum)

Please contact Gerri Favreau to obtain an application, receive further information or have a tour.

### Extendicare

**Phone:** 403-553-3955

**Fax:** 403-553-2812

**Address:** Box 189, Fort Macleod, AB, TOL OZO; 654-29<sup>th</sup> Street

**Website:** [www.extendicare.com](http://www.extendicare.com)

**Email:** [cnh\\_fortmacleod@extendicare.com](mailto:cnh_fortmacleod@extendicare.com)

**Hours:** Visiting hours-9:00am to 9:00pm

**Mission:** Extendicare – Fort Macleod is a 50 bed home offering continuing, dementia, and day care services as well as a community support respite bed to persons in the Western Chinook Health Regions. Referrals are made to the Chinook Health Region Access Centre to Continuing Care Services. We are an active partner in health care delivery for the Chinook Region.

Extendicare's commitment to residents is the foundation of care delivery. Vision: We will seek to exceed our customers' and stakeholders' expectations of a continuing care home. A team-oriented, integrative model with outstanding therapeutic and clinical support will anchor our services, which take place in a modern, spacious, clean and safe building. A homelike atmosphere will provide a warm and friendly background to our flexible, customer-focused care that is characterized by quick responses to the requirements of our clients and their advocates.

**Services:** We provide long term 24 hour care for seniors; care services to provide temporary relief for informal care givers; and adult day care for seniors.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

### **Fort Macleod Handi -Bus Society**

**Phone:** 403-553-4679 or 403-380-0062

**Address:** Box 881, Fort Macleod, AB, TOL OZO

**Contact:** Kim Herter or the Handi-Bus Driver

**Hours:** Monday to Friday, 8:30 am to 4:30 pm

**Mission:** The Fort Macleod Handi -Bus Society has been in existence for 15 years. The purpose of this organization is to provide much needed accessible and affordable transportation to the elderly and disabled citizens of this community. Our main goal is to provide a better quality of life and more independence to these citizens.

**Services:** We provide transportation within town during week days. We are also available on occasion for out of town trips, or in town trips during the evening or on the weekends if arrangements can be made so that the driver is available. These trips are billed by the driver's hours and per kilometer.

### **Fort Macleod Life Care Society**

**Phone:** 403-553-3880 (day)  
403-553-3613 (evening)

**Address:** Box 2523, Fort Macleod, AB, TOL OZO

**Contact:** Laurie Huestis

**Email:** [help@fortmacleodlibrary.ca](mailto:help@fortmacleodlibrary.ca)

**Hours:** Quarterly meetings

**Mission:** To enhance the life for residents of Fort Macleod who desire the security of a personal emergency response system by facilitating the use of the Lifeline system.

**Services:** Since 1985, the Fort Macleod Lifeline Society has acted as a liaison between Bethany Lifeline Systems Canada (Calgary) and clients in Fort Macleod. No referral is necessary and clients include those who require monitoring for medical reasons (such as early discharge from hospital, illness or frailty, new mothers and anyone who simply appreciates the security of knowing that assistance from neighbors, police and/or an ambulance is immediately accessible.

### **Macleod Pioneer Lodge of the Willow Creek Foundation**

**Administration Phone:** 403-553-3662

**Operations phone:** 403-553-3663

**Fax:** 403-553-3667

**Address:** Box 790, Fort Macleod, AB, TOL OZO; 660-28<sup>th</sup> Street

**Contact:** Robin James

**Recreation:** Kimmie Woods

**Mission:** The Macleod Pioneer Lodge is dedicated to provide independent community living to seniors through an environment that meets their physical, emotional and spiritual needs. A 10 bed partnership with the CHR was established in 2005 providing enhanced care to those 10 beds.

**Activities:** Recreation, exercise, mental aerobics, crafts, reading programs, in-service, day trips and outings, church services, entertainment, special events, tea parties, lodge visitation

**Fees:** Rent is dependent upon room layout and whether the individual would be subsidized by the provincial government or not.

### **Rosewood Villa**

**Phone:** 403-553-3921

**Fax:** 403-553-3194

**Address:** Box 87, Fort Macleod, AB, TOL OZO; #120 Garrison Drive

**Email:** [rvilla99@telus.net](mailto:rvilla99@telus.net)

**Contact:** Lorraine Segboer

**Mission:** Rosewood Villa was built as a personal care home for seniors to help them live a more independent life. We have nursing care 24 hours. We are affiliated with the Chinook Health Region and are accredited with the Alberta Home Care & Support Association. In existence since 2000.

**Services:** Residents can come in at any point. We fill gap between a lodge and long term care. We have large private rooms with bath and shower, wheelchair and are handicapped accessible.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

## Senior Citizens Welcome Mat

**Phone:** 403-553-3585

**Address:** Box 181, Fort Macleod, AB, TOL OZO; 239-Colonel Macleod Boulevard

**Contact:** Irene Kudelik

**Hours:** 9:30 – 11:30 am & 1:30 to 4:30 pm Monday thru Friday.

**Mission:** The Senior Citizens Organization began in the 1960's, and for many years met in member's homes and rented halls. In 1975 the Town of Fort Macleod built the R.C.M.P. Centennial Building on Main Street. One half of the building was to be a Public Library and the other half a Senior Citizens Centre. The seniors names their half "The Welcome Mat", and in October 1975 "The Senior Citizens Welcome Mat" was officially registered as a non-profit society. The purpose of the Senior Citizen Welcome Mat is to enhance the mental and physical well being of seniors by providing a variety of opportunities for social interaction, Recreation and physical activities. Also, to help seniors remain healthy, active and independent for as long as possible.

**Activities:** Alberta Seniors Games, bocce ball, pool, shuffleboard, bridge, whist, cribbage, exercise group, senior's choir, teas and bake sales, craft sales and raffles, potluck suppers, lunches for birthday parties, funerals or special anniversaries, a monthly trip to Lethbridge for shopping, visits or medical appointments, etc. Exchange visits with other senior centers.

## Service Clubs

### Benevolent & Protective Order of Elks

**Phone:** 403-553-3720

**Address:** Box 1775, Fort Macleod, AB, TOL OZO

**Contact:** Mike Donahue

**Hours:** 2<sup>nd</sup> Tuesday of the month

**Mission:** Serving the community since early 1920's. The Principles of the Elks is charity, justice, brotherly love and fidelity.

**Activities:** We are currently involved with the Community Halloween Party held on October 31<sup>st</sup>. We have been a part of the bullying program at school (video and information provided). We contribute to those organizations in need in the community.

### Fort Macleod Lions Club

**Phone:** 403-553-3972

**Address:** Box 1575, Fort Macleod, AB, TOL OZO

**Website:** [www.lionsclub.org](http://www.lionsclub.org)

**Email:** [jmtrow@telus.net](mailto:jmtrow@telus.net)

**Contact:** Michelle Harris

**Hours:** Meetings are the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month at the Welcome Mat at 7:00 pm.

**Mission:** The club was chartered on May 3, 1939. Our club motto "We Serve Lions" stands for Liberty Intelligence Our Nations Safety. Our colors are purple and gold. Purple stands for loyalty to friends, and for integrity for mind and heart. Gold stands for sincerity of purpose, liberality in judgment, purity in life, and generosity in mind, heart and purse to those in need. The first swimming pool in Fort Macleod was a major project of the Lions.

**Activities:** Our major program is getting the Skills program into our schools. We also work with Lions International projects like, Eye bank, CNIB and Guide Dog of Canada. We help with 4-H public speaking, do marshalling for the Santa Claus Parade, and contribute to LIONS Ball Park. Our source of revenue is catering banquets, ticket sales.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

### **Knights of Columbus**

**Phone:** 403-553-2360

**Address:** Box 1812, Fort Macleod, AB, ToL oZo

**Website:** [www.kofc.org](http://www.kofc.org)

**Contact:** Greg Coulling

**Hours:** Meetings are the 2<sup>nd</sup> Monday of each month at 8:00 pm at the Holy Cross Parish Hall

**Mission:** Knights of Columbus is an order of Catholic men and their families dedicated to promoting the concepts of charity, unity, fraternity and patriotism.

**Activities:** Family breakfasts following mass the first Sunday of each month, apple drive each October, Santa Claus Parade and throwing contest for youth in January, Support for pro-life, church, youth organizations and other local groups.

### **Ladies Auxiliary to the Royal Canadian Legion #46**

**Phone:** 403-553-3761

**Address:** Box 4, Fort Macleod, AB, ToL oZo

**Contact:** Janet Tilbe

**Hours:** 3<sup>rd</sup> Thursday of each month

**Mission:** To support the Branch in all their many projects; to give to many other charitable organizations (monetary) such as Salvation Army, Cancer Society, etc.

**Activities:** We provide lunches for funerals, cater for Legion functions, volunteer for events such as mammogram screenings and canvas for other groups.

### **Order of Royal Purple**

**Phone:** 403-553-0328

**Address:** Box 635, Fort Macleod, AB, ToL oZo

**Contact:** Irene Kudelik

Wilma Schnarr 403-553-3834, Audrey Parnham 403-553-3136

**Hours:** 1<sup>st</sup> & 3<sup>rd</sup> Thursdays (except for July & August), at 7:30 pm

**Mission:** We have been in existence for over fifty years. We furnished the Elks Hall kitchen and keep it up to serve 300 people. We have a National Fund – the Purple Cross Fund to help any child under the age of 18 for medical reasons and to assist parents to accompany their child to the specialist. We also help children if there is a fire or flood, support stuttering clinic in Edmonton, and deaf detection clinics.

**Activities:** We cater banquets and funerals, help under privileged children under the age of 18, support local charities and present a scholarship to the F.P. Walshe School to a female student for industrial arts graduating class, and purchase dishes as needed for the Community Hall kitchen.

### **Rotary Club of Fort Macleod**

**Phone:** 403-382-8019

**Address:** Box 1237, Fort Macleod, AB, TOL OZO

**Website:** [www.rotary5360.org](http://www.rotary5360.org)

**Contact:** Henry Van Hierden

**Hours:** Wednesdays at noon

**Mission:** Rotary International was founded in 1905. Its motto: “Service Above Self”. The Rotary Club of Fort Macleod was chartered in 1955. The club meets every Wednesday at noon, at the Masonic Hall. The Club is a service Club that serves firstly the local community, secondly the district (includes Red Deer south to the US border and the southwest corner of Saskatchewan), and thirdly, internationally. In addition to raising money to give to various organizations that are in need, they also supply a lot of sweat equity into projects within the community.

**Activities:** Sponsor an Exchange student each year from another county, sponsor an outgoing student each year to another country, hold a Fall Auction – November, sponsor the Christmas Choir Festival – December, Lobster fest – October, maintains outdoor hockey rink, representation on the Fort Macleod Community Hall Committee. We assist any organization in need, within the community.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

**Royal Canadian Legion Branch #46**

**Phone:** 403-553-3121 or 403-553-4515

**Fax:** 403-553-4517

**Address:** Box 697, Fort Macleod, AB, TOL OZO; 159-23<sup>rd</sup> Street

**Email:** [legion46@telus.net](mailto:legion46@telus.net)

**Hours:** Tuesday to Saturday, 3:00pm to 10:00pm

**Mission:** Our mission is to serve veterans, ex-service personnel, their dependants, the community of Fort Macleod and Canada.

**Activities:** We support seniors and youth with transportation, we also support the Cadets and the veterans. We do a poppy drive and Remembrance Day Services. We also donate to service clubs. Branch activities include; cribbage, meat draws, pool, darts, shuffleboard and socializing.

<b>Social Groups</b>
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**Fort Macleod & District Community Hall Society**

**Phone:** 403-553-4425

**Address:** Box 718, Fort Macleod, AB, TOL OZO

**Contact:** Town Office

**Hours:** 2<sup>nd</sup> Wednesday of the month @ 7:00pm.

**Mission:** The mission to operate and maintain the hall facilities, upgrade as the board sees fit. The society was formed January 1, 2003.

**Activities:** The renting of the community hall facilities; organize fund raising initiatives to upgrade building and equipment. All rentals are made through the Town Office, 553-4425.

**M.A.E. Bells**

**Phone:** 403-553-2077

**Contact:** Edith Ann Evans

**Hours:** 4<sup>th</sup> Wednesday of every month

**Mission:** Began in 1948 as a social outing hosted in each other's homes; now meet in the hall.

**Activities:** Christmas pot-luck, pancake supper, upkeep of Ardenville Hall, canvassing for Canadian Cancer Society, supports CanBreast, the Santa Claus Parade & the Salvation Army.

**Spring Point Community Society**

**Phone:** 403-553-2281

**Fax:** 403-553-2281

**Address:** Box 1204, Fort Macleod, AB, TOL OZO

**Contact:** Diana Nadeau

**Hours:** Meetings are the 1<sup>st</sup> Monday of every month @ 7:30 pm

**Mission:** Began around 1945 as Foothills Community Club and in 1959, it was incorporated under the Societies Act as Spring Point Community Society. The purpose of the club is to provide social activities for the community at the Spring Point Hall.

**Activities:** We maintain the community hall and organize social functions such as dances, potluck suppers, wedding or baby showers, card parties, BBQ's, Halloween parties, Christmas concert and supper, and more.

**Annual Events:** Old Tyme Dances & Community Christmas Concert & Supper



Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

## **South Macleod Country Beavers**

**Phone:** 403-553-2170

**Address:** Box 53, Fort Macleod, AB, ToL oZO

**Contact:** Ginny Marsden

**Hours:** Meetings are the 3<sup>rd</sup> Wednesday of every month.

**Mission:** The club has been in existence since 1948. It began as an informal get together for rural women, rendering assistance whenever the need should arise. It now hosts many annual events.

## **Special Interest Groups**

### **4-H Beef Club**

**Phone:** 403-553-4282

**Address:** Box 1671, Fort Macleod, AB, TOL OZO

**Website:** [www.4h.ab.ca](http://www.4h.ab.ca)

**Contact:** Curtis Delver

**Hours:** First Monday of the month from October thru June

**Mission:** At the club level 4-H'ers "Learn to Do by Doing" through their projects. A 4-H project is: planned work in an area of interest to the 4-H member; guided by a volunteer who is a project leader; aimed at objectives that can be attained and measured; summarized by some form of record keeping; displayed for club members and the community on achievement day. By working in a club, members develop meaningful associations with adults and learn how to conduct business meetings. Clubs also encourage members to work and learn together. Many activities are offered that improve self-confidence and communication skills. At the club level 4-H'ers are also involved in community projects, recreation and social activities. 4-H is: a part of your community, learning by doing, decision making, responsibility, adaptable, real life experience, and a family affair. For youth ages 9-21.

**Activities:** Projects include: steer, heifer, 2 and 3 year old cow & calf, creative opportunities. Activities are public speaking, club fun night, community service, inter-club activities, mock show, Achievement Day, tours, trips, exchanges, new challenges and skills, social activities and scholarships.

### **4-H Horse Club**

**Phone:** 403-687-3656

**Address:** Box 1646, Claresholm, AB, TOL OTO

**Contact:** Bonnie Smythe

**Hours:** Meetings are the first Friday of every month, ride twice a month on Friday evenings.

**Mission:** At the club level 4-H'ers "Learn to Do by Doing" through their projects. A 4-H project is: planned work in an area of interest to the 4-H member; guided by a volunteer who is a project leader; aimed at objectives that can be attained and measured; summarized by some form of record keeping; displayed for club members and the community on achievement day. By working in a club, members develop meaningful associations with adults and learn how to conduct business meetings. Clubs also encourage members to work and learn together. Many activities are offered that improve self-confidence and communication skills. At the club level 4-H'ers are also involved in community projects, recreation and social activities. 4-H is: a part of your community, learning by doing, decision making, responsibility, adaptable, real life experience, and a family affair.

**Activities:** Host a trail ride each year; host club public speaking competition; bring in trainers for clinics; interclub activities; host annual open horse show first weekend in June; Southern Alberta Equestrian Council conducts classes at horse show.

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

### **Adult Crossing Educator Program (A.C.E.)**

**Contact:** Amanda Niskala

**Phone:** 403-553-5310 ext. 2367

**Email:** [amanda.niskala@ahs.ca](mailto:amanda.niskala@ahs.ca)

**Activities:** The Fort Macleod Traffic Safety Network supports the training of volunteers for the program. Community volunteers provide children with safe crossing skills.

### **Agricultural Society**

**Address:** Box 1183, Fort Macleod, AB, TOL OZO

**Contact:** Amber Friesen Trofimenkoff

**Email:** [amberjanae@hotmail.ca](mailto:amberjanae@hotmail.ca)

**Hours:** Meetings are the last Thursday of every month, 8:00 pm

**Mission:** To carry out projects and activities of benefit to citizens of rural Alberta

**Activities:** Midnight Stadium Rodeo Grounds and indoor riding arena operated by the Ag Society; team penning, team roping, team sorting and barrel racing and public riding. For information, inquiries, and bookings please go online to the website.

### **Army Cadets (2309 RCACC)**

**Phone:** 403-382-7044

**Address:** Box 58, Fort Macleod  
AB, TOL OZO

**Website:** [www.cadets.ca](http://www.cadets.ca)

**Email:** [2309army@cadets.net](mailto:2309army@cadets.net)

**Contact:** Werner Dressler

**Hours:** Wednesdays 6:00 – 9:00 pm

**Mission:** To develop in youth the attributes of good citizenship and leadership. We have been operating for sixty years at our present location.

**Activities:** Include; Weekend campouts, First Aid Training, Community Awareness, Physical fitness, Remembrance Day Ceremonies, Leadership, Santa Claus Parade, Public Speaking, and Cadets Caring for Canada – June, Marksmanship, Instructional Techniques

### **Fort Macleod Affordable Housing committee**

**Phone:** 403-553-4491

Or 403-553-5353

**Address:** Box 232, Fort Macleod, AB ToL oZO

**Contact:** Angie O'Connor or Rhonda Reach

**Mission:** To explore and identify current and emerging housing challenges in the Fort Macleod area including issues of affordability, accessibility, adequacy and suitability. The committee identifies key priorities and supports funding applications to the Provincial and Federal governments. At present there is a housing liaison worker in Fort Macleod.

### **Fort Macleod & District Health Foundation**

**Phone:** 403-553-2787

**Address:** Box 520, Fort Macleod, AB, TOL OZO

**Contact:** Denise Joel

**Mission:** Fort Macleod and District Health Foundation was established in 1996. The foundation exists to raise funds for the enhancement of health services in the Fort Macleod and District area.

**Activities:** An annual fall event.

**Fort Macleod & District Family & Community Support Services  
Community Resources Directory**

### **Fort Macleod Traffic Safety Committee**

**Phone:** 403-553-5353

**Address:** Box 1420, Fort Macleod, AB ToL oZo

**Contact:** Rhonda Reach

**Mission:** To promote and enhance traffic safety in the Fort Macleod Community.

### **Fort Macleod 2<sup>nd</sup> & 3<sup>rd</sup> Group Cubs & Scout Troop**

**Phone:** 403-553-2130

**Address:** Box 1891, Fort Macleod, AB, TOL OZO, Meeting Location: L.D.S Church 643-20<sup>th</sup> St.

**Website:** [www.scouts.ca](http://www.scouts.ca)

**Contact:** Monty Orr

**Hours:** Call for current schedule

**Mission:** To contribute to the education of young people, through a value system based on the Scout Promise and Scout Law, to help build a better world where people are self-fulfilled as individuals and play a constructive role in society.

**Activities:** Outdoor pursuits including, but not limited to; camping, swimming, hiking, bird identification, mountaineering, skiing, wildlife identification, biking, environmental & weather instruction, fundraising, games, fishing and preservation study.

### **Fort Macleod Community Garden**

**Phone:** 403-553-2859, 553-4731, 553-3871

**Address:** Box 1904, Fort Macleod, AB, TOL OZO

**Contact:** Jenny Burke, Ronda Reach, Linda Ripley

**Mission:** The purpose of the community garden is to provide an opportunity for people of all ages to come together where they can reconnect with the environment while they grow their own fruits, vegetables, and flowers. The community garden was built to enhance the quality of community life through gardening and growing together thereby fostering environmental stewardship, horticultural education, and recreation.

**Activities:** A community garden is a group of people who garden in individual plots and/or common areas. Garden patches are available for rent for a fee of \$25/year. Primarily, community gardeners grow for food self-reliance, for physical activity, and for social interaction. Collectively the community gardeners tend the garden space.

### **Fort Macleod Playground Committee**

**Phone:** 403-553-3745

**Address:** Box 232, Fort Macleod, AB ToL oZo

**Contact:** Jill Burrows – President

**Mission:** To work together to enhance the playgrounds in the community of Fort Macleod.

### **Fort Macleod Crime Prevention Advisory Committee (CPAC)**

**Phone:** 403-553-2117

**Address:** Box 1372, Fort Macleod, AB, TOL OZO; 258-24 Street

**Contact:** Conrad VanHierden

**Email:** [c.pac@live.com](mailto:c.pac@live.com)

**Mission:** Formed in 2005 and incorporated as a Society in 2008, CPAC is a not-for-profit group that works in partnership with stakeholders to build the community's capacity to reduce and prevent crime in Fort Macleod & area through education, asset-building and information sharing.

**Services:** Supports community partners in delivering "Wise Owls" (fraud awareness and prevention for seniors), "Kids and Drugs" (awareness and education for parents), "Pass-it-on" (asset-building training for community agencies and service providers), traffic and bicycle safety training etc.

**Fort Macleod & District Family & Community Support Services  
Community Resources Directory**

### **Fort Macleod Farmer's Market**

**Phone:** 403-553-2610  
**Fax:** 403-553-2611

**Address:** Box 1720, Fort Macleod, AB, TOL OZO

**Contact:** Marion Van Sluys

**Hours:** Thursday afternoon, 3:00 pm to 6:00 pm

**Mission:** The purpose of the Farmer's Market is to provide a location for local vendors to sell their produce and crafts. It is an event held weekly for 10 weeks during the summer. It provides a social atmosphere and opportunity for the seniors in our community to get out and purchase fresh produce, etc. The market in Fort Macleod has been an annual event since 1992.

**Activities:** 3 times per season we invite local distributors (Avon, Epicure, Watkins, and more) to sell their products at our market. It gives an opportunity for the community to know who the distributors are in our area. At the close of each market, there is a draw for items donated by the vendors.

### **Fort Macleod Hospital Auxiliary**

**Phone:** 403-553-4236

**Address:** Box 1866, Fort Macleod, AB, TOL OZO

**Contact:** Evelyn McTrowe

**Email:** [e.mctrowe@hotmail.com](mailto:e.mctrowe@hotmail.com)

**Hours:** Meet the first Tuesday of the month at 9:30am

**Mission:** An active ladies organization in Fort Macleod since 1897. Devoted to fundraising for health related needs of the community. All funds raised by the organization stay within the community. **Activities:** Fundraising

### **Fort Macleod Quilters**

**Phone:** 403-553-3410

**Address:** Box 75, Fort Macleod, AB, TOL OZO

**Contact:** Jackie Burrows

**Hours:** Meetings are the 4<sup>th</sup> Monday of each month.

**Mission:** Our purpose is to teach new members the art of quilting & to share our knowledge with the new members.

**Activities:** We organize an annual quilt show each August. All members, regardless of age or talent are welcome.

### **Healing Shawl Ministry**

**Address:** Box 116, Fort Macleod, AB, ToL oZO

**Contact:** Carla Niers

**Mission:** Informal group meeting once a month to visit, knit and trade stories.

Non denominational for any person who cares and would like to knit or crochet. Shawls to be given for comfort for different reasons.

### **Rural Crime Watch**

**Phone:** 403-553-2117

**Address:** Box 843, Fort Macleod, AB, ToL oZO

**Contact:** Conrad VanHierden

**Mission:** To promote crime prevention through the sharing of information and improve community awareness with regard to crime prevention. It is a voluntary organization and involves rural residents working in cooperation with the local RCMP detachment.

### **South Country Fair**

**Phone:** 403-553-3070

**Contact:** Trent Moranz

**Address:** Box 1251, Fort Macleod, AB, TOL OZO

**Website:** [www.southcountryfair.com](http://www.southcountryfair.com) **Email:** [info@southcountryfair.com](mailto:info@southcountryfair.com)

## Sports & Athletics

### Commercial Hockey (Ice Rental)

**Phone:** 403-553-4101

**Address:** Box 1420, Fort Macleod, AB, TOL OZO

**Website:** [www.fortmacleod.com](http://www.fortmacleod.com)

**Contact:** Town of Fort Macleod Parks & Facilities

**Hours:** Call for information

### Dance Classes with Cindy

**Phone:** 403-553-4389

**Address:** Box 1865, Fort Macleod, AB, TOL OZO

**Contact:** Cindy Gray

**Hours:** Vary

**Mission:** Teach tap, jazz, ballet, hip-hop and some adult classes.

**Activities:** One annual recital in the spring; kid's competitions in Lethbridge.

### Fort Macleod Co-Ed Volleyball

**Phone:** 403-553-2025

**Fax:** 403-553-2548

**Address:** Box 216, Fort Macleod, AB, TOL OZO

**Contact:** Mike Bourassa

**Hours:** 9:15 pm to 10:30 pm

**Mission:** Teams meet once a week to play volleyball for one hour.

**Activities:** The year consists of two sessions and winds up with a year end tournament and cabaret. We play at the FP Walshe School. We also host a "Stars" charity tournament the 3<sup>rd</sup> weekend in March.

### Fort Macleod Curling Club

**Phone:** 403-553-4172

**Address:** Box 656, Fort Macleod, AB, TOL OZO

403 553-2404

**Contact:** Judy Waldie

**Hours:** Call for more information

**Mission:** To provide a good curling facility for the town; to promote and encourage amateur curling and to develop the highest possible standard of sportsmanship and citizenship; to maintain and increase the interest of curling in this community; and to encourage competition and good fellowship for all participants.

**Activities:** Regular Leagues – mens, ladies, mixed, juniors, town & country and family; bonspiels throughout the year and curling clinics

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

## **Fort Macleod Golf Course**

**Phone:** 403-553-4664

**Address:** Box 485, Fort Macleod, AB, TOL OZO; 270 Lyndon Road

**Hours:** Sunday to Saturday

**Contact:** Shawn O'Sullivan

**Website:** [www.formacleodgolf.com](http://www.formacleodgolf.com)

**Mission:** Golf was first played in Fort Macleod in 1890 – this was the first course to be built between Winnipeg and the West Coast. The area 250 yards from # 1 tee box was used until about 1924 by the North West Mounted Police as a pistol and rifle range; shells can still be found on the hill side. The trail coming down the coulee by the # 1 tee box and which is still visible from the # 9 fairway, is part of the old wagon trail to Calgary, and was used by settlers in the Porcupine Hills west of Fort Macleod. On the # 2 fairway, about 100 yards from the tee box, buffalo wallows are still visible. Cattle and buffalo bones are still found near the # 3 green, the cattle bones are from a herd that perished there during a snow blizzard in 1898, after being driven up from Montana for pasturing. Arrow heads can also be found along the Coulee toward Highway #2. In 1910 Dr. George Kennedy was President of the Club and membership cost \$5.00 for men and \$2.00 for ladies. In 1919 a member of the Club, Thomas Gillespie won the Alberta Open Golf Championship and went on to win a Gold medal at the Royal & Ancient Golf Club of St. Andrews in Scotland. In 1924, H.R.M the Prince of Wales golfed this course. The present day society was formed in 1936.

**Activities:** Public Golf Course, men's league, ladies league, mixed league, tournaments.

## **Fort Macleod Little League Baseball**

**Phone:** 403-308-1983

**Address:** Box 1780, Fort Macleod, AB, ToL oZo

**Contact:** Kathie Nathe

**Mission:** The purpose of Little League Baseball is to provide an opportunity for children and youth aged 5-14 in the community to play little league baseball.

**Activities:** Hours: Vary with age group; Little League Baseball program runs April 1 to the end of June

## **Fort Macleod Minor Hockey**

**Phone:** 403-553-2945

**Address:** Box 2180, Fort Macleod, AB, ToL oZO

**Contact:** Cole Archibald

**Email:** [brancole@telus.net](mailto:brancole@telus.net)

**Mission:** To provide a venue for Fort Macleod and area youths to learn and enhance their hockey skills.

**Activities:** Recreation and Minor Hockey League

## **Fort Macleod Royals Baseball**

**Phone:** 403-553-3355

**Address:** Box 1780, Fort Macleod, AB, TOL OZO

**Email:** [j-monteith@yvm.ca](mailto:j-monteith@yvm.ca)

**Contact:** Jim Monteith

**Hours:** Seasonal (summer)

**Mission:** The Royals started in 1983. We play a very competitive level of baseball in the American Legion League. It involves players 15-18 years of age. The aim of this program is to offer serious baseball players the opportunity to develop their individual skills as well as their team skills in a competitive level of baseball.

**Activities:** The Fort Macleod Royals play all their home games at the Westwinds Ball Park, just south of town. Away games are in other centers such as Lethbridge, Great Falls, Medicine Hat, Havre and others in the league. This is an excellent spectator sport and all fans are welcome.

**Fort Macleod & District Family & Community Support Services**  
**Community Resources Directory**

### **Fort Macleod Skate Park**

**Phone:** 403-553-4425

**Address:** Box 1420, Fort Macleod, AB, TOL OZO

**Website:** [www.fortmacleod.com](http://www.fortmacleod.com)

**Contact:** Town of Fort Macleod Parks & Facilities

**Hours:** Call for information

**Mission:** The Fort Macleod Skate Park is a youth initiative that started as a part of a community visioning process in September 2000. The Skate Park has the following objectives: To provide a facility for local youth, which challenges beginner, intermediate and some advanced level of skateboarders and in-line skaters with jumps, ramps, rails, curbs and other obstacles; To promote development in skateboarding and in-line skating; To promote safety on wheels; To create an environment where youth have the opportunity to play their sport without interfering or impeding the other towns people in public areas; To provide youth and parents a lively place to gather and play; To enhance skill development in other existing sports.

**Activities:** Skills and Safety Clinics, on going fund raising for purchasing and maintenance of the equipment.

### **Fort Macleod Skating Club**

**Phone:** 403-715-5057

**Address:** Box 64, Fort Macleod, AB, TOL OZO

**Contact:** Jill Coast

**Email:** [fortmacleodskating@hotmail.com](mailto:fortmacleodskating@hotmail.com)

**Hours:** Vary depending on program, Monday & Wednesdays

**Mission:** The Fort Macleod Skating Club provides skating opportunities for all ages.

**Activities:** Programs include; Kidskate, Canskate, Starskate, Power Skating and Private Lessons.

### **Fort Macleod Soccer Association**

**Phone:** 403-795-9565

**Address:** Box 598, Fort Macleod, AB, TOL OZO

**Contact:** Stephanie Grisnich

**Mission:** We exist to provide a soccer experience for all the youth in the community.

**Activities:** Soccer activities for youth ages 3 to 18 years; ages 3-9 play in Fort Macleod, ages 10 & up play in tournaments as far away as Sparwood. We host a tournament on a weekend April – June.

### **Fort Macleod Swimming Club**

**Phone:** 403-553-4851

**Address:** Box 1494, Fort Macleod, AB, TOL OZO

**Contact:** Jackie Palmer

**Hours:** Vary (summer only)

**Mission:** Our goal is to provide a swimming program to any individual youth or adult who wishes to swim in an organized program

**Activities:** Program for youths, quality swimming instruction, swim competitions.

### **Fort Macleod Swimming Pool**

**Phone:** 403-553-3211

**Fax:** 403-553-0313

**Address:** Box 1420, Fort Macleod, AB, TOL OZO; 225, 21<sup>st</sup> Street

**Website:** [www.fortmacleod.com](http://www.fortmacleod.com)

**Email:** [facilities@fortmacleod.com](mailto:facilities@fortmacleod.com)

**Contact:** Town of Fort Macleod Parks & Facilities

**Hours:** 6:00 am to 9:00 pm, Monday to Friday; 12:00 pm to 8:00 pm Saturday & Sunday

**Mission:** Provide an aquatic environment for Fort Macleod & surrounding area. Opened since 1970.

**Activities:** Open swim, swimming lessons for all ages, Lifeguard training courses, First Aid courses, Aqua Fit & Aqua Jog, Lane swim, Family swim, Adult swim and Swim Club

Fort Macleod & District Family & Community Support Services  
**Community Resources Directory**

**Legacy Tae Kwon Do**

**Phone:** 403-328-8400 or 403-553-3436

**Address:** United Church Hall, 220-20<sup>th</sup> St. Fort Macleod, AB, TOL OZO

**Contact:** Dan Torscher

**Hours:** School season Sept-June

**Mission:** Self confidence, fitness, Martial arts etiquette

**Third Wave Workout**

**Phone:** 403-553-4003 or 403-553-3745

**Fax:** 403-553-3508

**Address:** Box 1558 or 85, Fort Macleod, AB, ToL OZO; 2215 -2 Avenue

**Contact:** Alan Poytress or Cam Burrows

**Hours:** Monday to Sunday, 24 hours a day

**Mission:** To encourage physical fitness and activity among the people of Fort Macleod. Our Club has been in existence for over 10 years.

**Activities:** Weight training/resistance training, aerobics classes, cardio training and weight management counseling, plyometrics.

**WCCALS – Fitness Classes with Debbie Palmer**

**Phone:** 403-553-4387

**Contact:** Debbie Palmer

**Website:** [willowcreeklearning.ca](http://willowcreeklearning.ca)

**Email:** [ulearn@telus.net](mailto:ulearn@telus.net)

**Mission:** To encourage physical fitness through a variety of classes including weight training, core training and aerobic training.

**Activities:** A variety of classes available weekday mornings from October through June, including Bootcamp in May and June.